



## **FRESHMAN/SOPHOMORE STATE CHAMPIONSHIPS**

### **INCOMING FRESHMAN (8<sup>th</sup> Graders) / FRESHMAN / SOPHOMORE**

### **Women's Division Included**

**Castle View High School – Saturday – March 11th, 2023**

5254 N Meadows Dr, Castle Rock, CO, 80109

Wrestling begins at 9:00 am

- **Weigh-In:** Saturday, Mar 11th, 7 – 8 AM.
- **Boy's Weight** - 98, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
- **Women's Weights** – 94, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235
- **Competition:** All 14 high school boy's division weights plus an added 98 lb. weight class. All 14 of CHSAA recognized female weights. There is a 2 lb. weight allowance. Open to Colorado wrestlers currently in grades 8, 9 & 10 (all levels of experience). Participating wrestlers must have a current USAW membership card.
- **Rules:** Modified Folkstyle – No 5-match limit, minimum 15 min. rest between matches.
- **Video Review:** Head tournament official will make the final call. We will be following the guidelines for Folkstyle Competition Video Challenge as documented in the USAW Rule Book.
- **Format:** Straight Line Bracket Format.
- **Registration and payment:** \$40 fee must be paid online at [www.TrackWrestling.com](http://www.TrackWrestling.com). Registration closes Thursday, March 9<sup>th</sup>, 2023 at 11 p.m MST. No entries will be accepted after this deadline. Deadline for changes will be 60 minutes prior to start time.
- Purchase your required USA Wrestling Card at [www.usawmembership.com](http://www.usawmembership.com). It serves as medical insurance for any recognized wrestling competition.
- **CHOOSE ONE:**
  1. \$20 card is limited to USAW Folkstyle ONLY (through Folkstyle Nationals in April).
  2. \$55 card is good for all USAW Folkstyle, freestyle, and Greco (through August).
- **Awards:** Custom Plaque for Outstanding Wrestler, Custom medals for 1<sup>st</sup> – 4<sup>th</sup>
- **Admission:** **Adults-\$5.00 - Students & Seniors - \$3.00 – Military/Law Enforcement and Children under 5 - Free Admission.** Coaches without a USA Wrestling card - \$20. ***Coaches with USA Wrestling card (must have card in hand) - Free Admission***
- **Questions? Please contact:**

CUSAW Chairman | Joe Betterman | [Joe.betterman@cusaw.org](mailto:Joe.betterman@cusaw.org)

CUSAW Pairing and Events Director | Monica Schommer | [Monica.Schommer@cusaw.org](mailto:Monica.Schommer@cusaw.org)